



SANTA CRUZ  
COOPERATIVE SCHOOL

# CAFETERIA MENU

FIRST PERIOD

AUGUST 3 TO SEPTEMBER 23



Balanced meals  
for a healthy  
community



## WEEK 1

AUGUST  
3 – 7

MONDAY 3

BBQ Chicken

Dessert:  
Rice Pudding

TUESDAY 4

Baked Keperi

Dessert:  
Ice Cream

WEDNESDAY 5

Lentil Stew  
with Smoked Ribs

Dessert:  
Chocolate Chip  
Cookies

THURSDAY 6



HOLIDAY

FRIDAY 7



HOLIDAY



## WEEK 2

AUGUST  
10 – 14

MONDAY 10

Beef Tenderloin  
in Mushroom Sauce

Dessert:  
Fresh Fruit

TUESDAY 11

Brazilian-style  
Fish Moqueca

Dessert:  
Chocolate  
Brownie

WEDNESDAY 12

Traditional  
Feijoada

Dessert:  
Crepe with  
Dulce de Leche

THURSDAY 13

Roasted  
Punta de S

Dessert:  
Ice Cream

FRIDAY 14

Pot Roast

Dessert:  
Caramel Flan



## WEEK 3

AUGUST  
17 – 21

MONDAY 17

Pique Macho

Dessert:  
Cinnamon Cookie

TUESDAY 18

Chicken Burrito

Dessert:  
Fresh Fruit

WEDNESDAY 19

Chicken Stew  
(Seco de Pollo)

Dessert:  
Ice Cream

THURSDAY 20

Hamburger  
with French Fries

Dessert:  
Pineapple Cake

FRIDAY 21

Roasted Pork Ribs

Dessert:  
Chocolate Mousse



## WEEK 4

AUGUST  
24 – 28

MONDAY 24

Majadito Batido  
with Chicken

Dessert:  
Ice Cream

TUESDAY 25

Pizza

Dessert:  
Fruit Gelatin

WEDNESDAY 26

Beef Bourguignon  
(French Style)

Dessert:  
Carrot Cake

THURSDAY 27

Spaghetti  
Bolognese

Dessert:  
Chocolate Pudding

FRIDAY 28

Chicken  
Chicharrón

Dessert:  
Fresh Fruit



## WEEK 5

AUG 31 –  
SEPT 4

MONDAY 31

Chili  
with Meat

Dessert:  
Caramelized  
Banana Cake

TUESDAY 1

Peruvian-style  
Chicken Stew

Dessert:  
Cream-Filled  
Bombita

WEDNESDAY 2

Chicken  
Milanesa

Dessert:  
Ice Cream

THURSDAY 3

Pork Chop

Dessert:  
Meringues

FRIDAY 4

Aji de Papalisa  
(Potato Stew)

Dessert:  
Spritz Cookies



## WEEK 6

SEPTEMBER  
7 – 11

MONDAY 7

Chicken Tikka  
Masala

Dessert:  
Gelatin

TUESDAY 8

Asadito Colorado  
(Beef Stew)

Dessert:  
Fresh Fruit

WEDNESDAY 9

Spicy Chicken  
Stew

Dessert:  
Vanilla Panna  
Cotta

THURSDAY 10

Pork  
Chicharrón

Dessert:  
Chocoflan

FRIDAY 11

Majadito Seco  
with Beef

Dessert:  
Ice Cream



## WEEK 7

SEPTEMBER  
14 – 23

MONDAY 14

Stir-fried  
Chicken

Dessert:  
Chocolate  
Mouelleux

TUESDAY 15

Pot Roast

Dessert:  
Ice Cream

WEDNESDAY 16

Spicy Beef Stew  
(Picante de Cola)

Dessert:  
Strawberry  
Mousse

THURSDAY 17

Pizza

Dessert:  
Ice Cream

FRIDAY 18

Chicken  
Chicharrón

Dessert:  
Tres Leches Cake

MONDAY 21

Chicken  
in Juices

Dessert:  
Fresh Fruit

TUESDAY 22

Beef Silpancho

Dessert:  
Banana Flan

WEDNESDAY 23

Beef Chop  
with Chorrellana  
Sauce

Dessert:  
Swiss Roll Cake



MAIN DISH



DESSERT

La Palette  
CATERING FRANCAIS

Prepared by